



**Open Space. Vibrant Place.
Sacred Connections.**

506 4 Street SW, Calgary, Alberta T2P 1S7 kxcalgary.com

May 5, 2024 - Sixth Sunday of Easter

Worship Leader: Rev. Sheena Trotter-Dennis, Keith Murray, Gloria Snow

Interim Music Director: Ethan Hill

Musicians: Knox Choir, Knox ReBell Ringers **Reader:** Mirko Zatka

We extend a warm welcome to our Knox community – to those who are tuning in to the livestream service from home or away, and to those who are gathered in our sanctuary.

You are all an integral part of this community. Thank you for being here.

Wifi password - KnoxGuest\$2021

We acknowledge that we live, work, play and worship on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, and Piikani), the TsuuT'ina, the Stoney Nakoda Nations (Bears paw, Chiniki, and Goodstoney), the Métis Nation (Calgary Elbow District), and all people who make their homes in the Treaty 7 region of Southern Alberta.

All are welcome in our faith community, regardless of age, colour, ethnic, religious or linguistic background, gender, gender identity, social or economic circumstances, sexual orientation and physical or mental capabilities. Knox has been a proud member of Affirm United since 2007.

****Please stand in body or spirit.***

GATHERING MUSIC

ReBell Handbells

Meditation by Sandra Fletcher,
Quiet Reflection by Jason Krug
Onward by Jason Krug

PRELUDE

“Psalm of Gratitude”

Jason Krug

WELCOME & ACKNOWLEDGEMENT OF THE LAND

***OPENING HYMN**

“For the Beauty of the Earth”

Voices United 226

***CALL TO WORSHIP**

One: Summoned by love,
All: **Beckoned by grace,**
One: Invited to find rest,
All: **Called to receive hope.**
One: Welcomed into peace,
All: **Ushered into silence,**
One: Gentled into awe,
All: **Blessed with joy.**

(Larry Peacock, A Sourcebook of Worship Resources, Canton, Ohio, 1996)

Let us pray.

Great Creator, we give thanks for another day - for the rising sun, for the stars and the moon. We give thanks for one another and the gift of companionship. Give us courage to walk with one another in peaceful and harmonious ways. Help us seek justice and love kindness with all of creation. Amen.

***PASSING OF THE PEACE**

The peace of Christ, be with you.
And also with you. Amen.

***GATHERING SONG**

“Called by Earth and Sky”

More Voices 135

Called by earth and sky, promise of hope held high.
This is our sacred living trust, treasure of life sanctified,
called by earth and sky.

FIRST READING

Proverbs 31:20-21, 25

PSALM 23 (read in unison)

The Lord is my Shepherd, I have all I need,
She makes me lie down in green meadows,
Beside the still waters, She will lead.

She restores my soul, She rights my wrongs,
She leads me in a path of good things,
And fills my heart with songs.

Even though I walk, through a dark & dreary land,
There is nothing that can shake me,
She has said She won't forsake me,
I'm in her hand.

She sets a table before me, in the presence of my foes,
She anoints my head with oil,
And my cup overflows.

Surely, surely goodness & kindness will follow me,
All the days of my life,
And I will live in her house,
Forever, forever & ever.

Glory be to our Mother, & Daughter,
And to the Holy of Holies,
As it was in the beginning, is now & ever shall be,
World, without end. Amen

The jazz, classical, and pop performer, composer, and conductor Bobby McFerrin wrote this moving setting of Psalm 23 as a tribute to his mother Sara (1924-2019).

ANTHEM

"Bread of the World"

Palestrina

Bread of the world in mercy broken,
wine of the soul in mercy shed,
by whom the words of life were spoken,
and in whose death our sins are dead.

Look on the heart by sorrow broken,
look on the tears by sinners shed;
and be thy feast to us the token
that by thy grace our souls are fed.

GOSPEL READINGS

Matthew 5:8, Mark 16:1-11

REFLECTION

Gloria Snow

HYMN

"She Comes Sailing on the Wind (She Flies On)"

Voices United 380

HOLY COMMUNION

God is with us.

We are not alone.

Lift up your hearts.

We lift them up to God.

Let us give thanks to the One who is boundless in hospitality and who invites us to the Table.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Infinite and Boundless God, who created all things and called them good. And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

Holy, holy, holy one, God of love and majesty, the whole universe speaks of your glory and creativity, your loving embrace.

Blest is the one who comes in the name of the Source of Love and Light.

Holy are you, and blessed is your child, Jesus Christ.

We remember that it was around a table that Jesus gathered his disciples during his last week of life. Jesus reminded them that God's vision was about forgiveness and loving our neighbours as ourselves – encountering each person as God's very own.

And, as they sat and ate and remembered, Jesus took the bread that they were eating – and he gave thanks, he broke the bread, gave it to everyone gathered around the Table, and said, “take and eat – this is my body, broken for you. Whenever you eat of this bread, remember me.”

And then he took the wine that they were drinking – and he gave thanks for the wine, gave it to those gathered around the Table and said, “this is my cup – poured out for you - whenever you drink this, remember that you are loved and you are forgiven.”

As we remember and give thanks, we pray we might also join God's work of reconciliation and forgiveness, as we proclaim the mystery of faith:

**Christ has died,
Christ is risen,
Christ will come again.**

Pour out your Holy Spirit on us gathered here today, and on these gifts of bread and wine. Make them be for us signs of God's love and forgiveness. Transform our lives that we may also be a sign of that love and forgiveness in our homes, in our neighbourhoods, and in the world. Amen.

And now, we are bold to pray God's vision for the world . . .

LORD'S PRAYER - sung (*purple music sheets available in pews*)

***Cantor: Heavenly Father, All: Heavenly Father,
Cantor: Heavenly Mother, All: Heavenly Mother,***

**(ALL) Holy and blest is your true name.
We pray for your reign of peace to come,
We pray that your good will be done,
Let heaven and earth become one,
Let heaven and earth become one.**

**Give us this day the bread we need,
Give it to those who have none.
Give us this day the bread we need,
Give it to those who have none.**

**Let forgiveness flow like a river between us,
From each one, to each one.
Let forgiveness flow like a river between us,
From each one, to each one.
Lead us to holy innocence beyond the evil of our days.**

**Come swiftly, Mother, Father, come;
Come swiftly, Mother, Father come.
For yours is the power and the glory and the mercy,
For yours is the power and the glory and the mercy.
Forever your name is all in one; Forever your name is all in one.
A — men, A — men, A — men.**

The body of Christ, given for you. **Amen.**

The cup of Christ, given for you. **Amen.**

Holy Communion, Candle Lighting and Offering

All are invited to come forward to receive the bread and juice. Bread will be offered and then you are invited to dip the bread into the cup, and receive the elements together. Gluten-free crackers are also available.

During this time you are invited into a time of personal reflection and prayer. You are invited to come forward to light a candle, place an offering, write a prayer or just to sit and listen to the music. Red ribbons with the name of a missing or murdered Indigenous woman from Alberta will be on the tables. You are invited to take a ribbon, hold space for the person named and tie the ribbon to the garden fence as a prayerful act.

Thank you for your financial support. It costs \$45,000/month to operate Knox United Church. Your financial support helps sustain our buildings and helps us be an open space, a vibrant place, a place of sacred connections. Gifts can be made using this QR code or placed in an offering plate. We deeply appreciate your gifts.



Music:

“Communion Medley”
Knox ReBell Ringers

Jason Krug

PRAYER AFTER COMMUNION

Let us pray.

**For the bread we have eaten,
For the cup we have shared,
For the prayers we have prayed,
For the strength we have received,
For the assurance we have been given.
We give thanks.
May we go into the world, strengthened by these gifts. Amen.**

***CLOSING HYMN**

“Sisters Let us Walk Together”

More Voices 179

***BLESSING**

POSTLUDE

“Melita”

Wayne L. Wold

Melody: *Eternal Father, Strong to Save; Heart of Oak*

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***Thank you for spending time in community worship at Knox United Church, Calgary.
May you feel God's peace, care, energy, and blessing
within you and around you this coming week.***

Please stay for coffee, tea, and conversation!

Thank You to Knox Staff & Volunteers

Minister: Rev. Sheena Trotter-Dennis

Office Administrator: Sue Forsyth

Interim Director of Music: Ethan Hill

Sanctuary Preparation: Bob Benner

Rebell Ringers: Rosalee Morrison

Coffee Crew: Murray Songer/Vi Smith

Livestream/Video Operators: Carey Barrett/Rick Hand/Christopher Denman/Mirko Zatka
Vladimir Bodrug/Frank Lam

Indigenous Minister, Chinook Winds Region: Rev. Tony Snow

Seminary Intern, VST Student: Keith Murray

Caretakers: Jampa Tseten, Justin Cross

Sound Operators: Tenzin Dawa/Steve Miller

Social Media: Roman Sizer

Welcome and Information Table

A welcome table is set up in the back of the sanctuary. This is the place to find information about events, sign up to volunteer and find friendly people to answer questions about Knox.

For a more complete list of announcements and events, please visit kxcalgary.com/announcements. There are also paper copies of the monthly announcements at the welcome table.



Knox Weekly Email

Sign up to receive Knox's weekly email newsletter. The email is sent out on Friday and includes information about the Sunday service and other events. Email office@kxcalgary.com to get on the distribution list. Or, use this QR code.



TODAY

Red Dress Day

May 5, Red Dress Day, is Canada's National Day of Awareness for Missing and Murdered Indigenous Women, Girls and Two Spirit People (MMIWG2S). The day awakens our attention to the 1200+ missing and murdered Indigenous women, girls, and two spirit people. The use of a red dress was inspired by

Métis artist Jaime Black in 2010 and represents the pain and loss felt by loved ones and survivors. For many resources and links to learn more about Red Dress Day, hear and read Indigenous voices and to learn more about the realities Indigenous women face in Canada, please visit the Calgary Library website: <https://calgarylibrary.ca/connect/indigenous-services/red-dress-day/>

Today we welcome Gloria Snow. Gloria Snow is the daughter of the late Dr. Rev. Chief John Snow and Alva Snow from the Stoney Nakoda First Nation. Gloria continues her work as a traditional knowledge holder, teacher and cultural advocate. Gloria is a Student Minister completing her M.Div at the Vancouver School of Theology and has 15 years of experience working as a Life skills Coach, Holistic Wellness Coach, Domestic Violence interventionist and traditional parenting instructor. Gloria is committed to working with reconciliation initiatives and our United Churches.

- **Indigenous women are 12 times more likely to be murdered or missing than all other women in Canada.**
- **Between 2009 – 2021, 490 Indigenous women and girls were the victims of homicide.**
- **Indigenous women are two times more likely than non-Indigenous women to have experienced sexual abuse by an adult before the age of 15.**

Source: Statistics Canada

Living in Respect with Creation Series

Throughout April, May and June, we will be reflecting on God's creation and how we can live with respect with creation and with one another. We invite you to step into the work by taking part in some of the events that will be scheduled, reading one of our suggested books (*The Company of Crows: A Backyard Year* by Margaret Renkl, *Act Fast: Spiritual Practices for a Climate in Crisis* by Alydia Smith, taking the Indigenous Canada course (University of Alberta) online, go for a walk or a hike, paying attention to creation in new and intentional ways.

Pre-Service Bible Study/Conversation

Sundays, 9:30 am, Library

Join a small group for a conversation on the Sunday theme and scripture reading. The time will be interactive and conversational. All are welcome. Please feel free to join one Sunday or all Sundays.

Knox Financial Overview

Today, 1:00 pm, Knox Board Room

For those non-financial people interested in learning more about the way Knox is spending our 2024 monthly budget revenues and expenses, we have invited Janet Zakta, our Knox Council Treasurer to give us a brief presentation. This one-hour session will provide us with an overview of our current situation and we will have time for a Q&A discussion. Bring your coffee, tea and questions and join us for this informal conversation.

Listening Session - Let Your Voice Be Heard

Today, 11:45 am, At the Potluck in the Gym

Did you know Knox is a proud member of the Calgary Alliance for the Common Good? We're part of a movement where everyday people unite for positive change in our community! But we need YOUR voice. What do you want for our church, our neighborhoods, and our city? Susan, Holly, and Kent invite YOU to a special listening campaign. Share your stories, Your hopes and dreams! They are hoping to have their first listening campaign on May 5 at our potluck lunch. They are looking for 5 Knox members to join them at the Potluck for both lunch and conversation. It should take no more than an hour. Please let us know if you're up for this challenge! It would make a big difference to the work we are hoping to do with the Alliance.

Knox Commemorates The Battle of the Atlantic, 1939-1945

Every year on the first Sunday in May, the Canadian Navy family gathers to commemorate the Battle of the Atlantic – to honour the struggle, sacrifice, and loss, but also to celebrate the heroism and courage in the face of daunting obstacles: horrible weather and high seas, rough little ships and cramped quarters, and the ever-present threat of attack by submarines lurking below.

The importance of the Battle of the Atlantic simply can't be overstated: it is universally acknowledged that without victory in the Atlantic, Allied victory in the Second World War would not have been possible. On this day we remember those men and women who served in the Royal Canadian Navy, Royal Canadian Naval Volunteer Reserve and the Canadian Merchant Marine who came from all over Canada.

The flags in the sanctuary this morning are the Canadian Naval Ensign which is flown from the stern of all H.M.C.S. ships and the church pennant; which is flown during religious services on board naval vessels and in establishments. There is also a bell. In today's Canadian Navy the ship's bell finds limited use in a ceremonial role at Colours (0800) and, on occasion, it is turned upside down for use as a baptismal font. The name of a baptized child is inscribed on the rim of the bell.

CALENDAR AT A GLANCE

Please see below for a longer description of some of these events.

Today, 9:30 am	Bible Study/Conversation	Library
Today, 11:45 am	Potluck	Gym
Today, 11:45 am	Listening Session	Gym
Today, 1:00 pm	Finance Overview	Bd. Room
Monday, May 6, 2:00 pm	ReBell Handbells	Handbell Rm
Monday, May 6, 5:30 pm	Yoga in the Sanctuary	Sanctuary
Wednesday, May 8, 12:30 pm	Connection and Reflection	Labyrinth
Wednesday, May 8, 7:00 pm	Choir	Labyrinth
Sunday, May 12, 9:30 am	Bible Study/Conversation	Library
Sunday, May 12, 11:45 am	Knox Foundation Special Mtng.	Sanctuary

Monday, May 13, 2:00 pm
Monday, May 13, 5:30 pm
Wednesday, May 15, 12:30 pm
Wednesday, May 15, 7:00 pm

ReBell Handbells
Yoga in the Sanctuary
Connection and Reflection
Choir

Handbell Rm
Sanctuary
Labyrinth
Labyrinth

UPCOMING

Congratulations, Keith Murray!

We celebrate the graduation of Keith from Vancouver School of Theology! Keith has earned a Master of Divinity degree. The graduation livestream will be Tuesday, May 7 at 8:00 pm (MT). Knox will celebrate Keith on May 12. You can view the commencement service by going to vst.edu/convocation.

Yoga in the Sanctuary

May 6, May 13, May 27, 5:30-6:15 pm; Knox Sanctuary

Join us in the sanctuary for an hour of Yoga with instructor Melanie Batycky. Bring your own mats and blocks. Free admission. Sign up at the class or by emailing sforsyth@kxcalgary.com.

Knox Foundation “Special Meeting”

Sunday, May 12, 11:45 am, Sanctuary

A Knox Foundation “Special Meeting” will be held on Sunday, May 12th, following the worship service for the purpose of considering a special resolution to amend the Knox Foundation Bylaws. After consultation with the United Church of Canada, the Knox Foundation Directors concluded that the change in the Foundation’s supervising authority from the Knox congregation to the Chinook Winds region incorporated in the “approved” bylaws in November, 2023 is not suitable. The Directors are proposing reverting to the accountability structure that was in place since the inception of the Foundation in 1987. A copy of the proposed by-laws will be available in the church office in advance of the meeting. Please direct your questions or concerns about the changes, to either David Westwick or the Foundation Directors prior to the meeting.

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