

Sunday Morning Worship



August 5, 2018
10:30 a.m.

Eleventh Sunday after Pentecost

**Our mission: to join God in making connections
with God
with each other
with creation
with our own true selves.**

kxcalgary.com

Knox United Church is a member of the the Affirming Ministries Program,
a network of United Church congregations and ministries that declare themselves to be
fully inclusive of people of all sexual orientations
and gender identities.



Ministers: Rev. Dr. Greg Glatz and Rev. Dr. Dave Holmes

Music director: Chellan Hoffman

Welcome to Sunday worship at Knox. Grab a coffee and join a conversation before the service, or enjoy some time alone. The prelude will begin about five minutes before worship. At that time, we encourage everyone to take a seat and reflect in silence.

Sunday worship is a spiritual practice in which we gather in community to deepen our experience of God connecting people to God, connecting people to each other, connecting people to their own selves, and connecting people to creation.

Welcome children! The Studio in the NW corner of the sanctuary is staffed and set up so that kids can enjoy activities created especially for them as they engage with the worship service.

Welcome to Colin Redekop, who is our organist/pianist at Knox United for the next few weeks. Colin often fills in when our music director, Chellan, is away. We welcome Colin to this morning's service and thank him for sharing his gifts.

How to follow along. An asterisk indicates places in our worship where the congregation is invited to stand in body and/or spirit. VU stands for Voices United (the red hymnal) and MV stands for More Voices (the spiral-bound hymnal).

Today's theme. It's hard to know what's true these days. So much of our news comes from within our own "bubble," be it a conservative bubble or a liberal bubble. Facebook and Google are both designed to show us stories with which we already agree, but online, we need to be careful about checking our facts. Even the US president boasts about making up "facts" during a trade negotiation, and we all know that most of what politicians tell us is spin and propaganda. Apparently, the people of Ephesus, so long ago, were also being knocked around by spin and propaganda, they also had a hard time knowing what was real. The community and maturity building practice offered by the author of Ephesians is *speaking the truth in love*.

Gathering the beloved community

Prelude Hymn Sing

Welcome ~

Passing the Peace ~

Singing Together*

This is the Day (VU 412)

Listening for God's voice

Scripture Lesson

Ephesians 4: 1-7, 11-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called,² with all humility and gentleness, with patience, bearing with one another in love,³ making every effort to maintain the unity of the Spirit in the bond of peace.⁴ There is one body and one Spirit, just as you were called to the one hope of your calling,⁵ one Lord, one faith, one baptism,⁶ one God and Father of all, who is above all and through all and in all.⁷ But each of us was given grace according to the measure of Christ's gift.

¹¹ The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers,¹² to equip the saints for the work of ministry, for building up the body of Christ,¹³ until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming.¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ,¹⁶ from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Journey Story

MV 85 Take, O take me as I am (2X)

Journey story: Adelaida Andrade

Prayer of Confession: **"Sticks and stones may break my bones, but names will never hurt me." If only that were true, God! So many of us live in the midst of hurtful words, hurtful actions. We may even have hurtful words and attitudes welling up from inside us. Forgive us, God, for believing that we are less than you have proclaimed us to be. (brief silence for personal prayer) Amen.**

Assurance of grace

MV 85 Take, O take me as I am (once)

Today's Message +

Honest and loving. Both.
Dave Holmes

Responding to God's call

Singing Together* All People That on Earth Do Dwell (VU p.822)

Candle Lighting +

We light a candle for many purposes: to illuminate darkness, dedicate prayers, solidify intentions, offer blessings, evoke Spirit, or to nourish grateful living. Candle lighting connects us to a stillness within and to a global community contemplating change and transformation in our world.

If you choose, you can also make an offering or fill out a prayer request card. Members of our healing ministry are available for anointing and blessing prayer.

Music: A Peaceful Reflection (F. Couperin)

Prayers of the People ~

During the prayers of the people, we remember our family, friends, our city, and people around the world. We will close our time of prayer by **singing**

The Lord's Prayer (found on the purple laminated sheets in the pew rack.)

Singing Together* God, Whose Almighty Word (VU 313)

Blessing* +

Postlude Sortie in D (C. Franck)

Thank you for worshipping at Knox today.
Coffee and cookies are served in Knox Hall (the gym) after the service.