



506 4 Street SW, Calgary, Alberta T2P 1S7 kxcalgary.com

March 19, 2023 – Fourth Sunday of Lent

Worship Leader: Rev. Sheena Trotter-Dennis
Music Director: Chellan Hoffman **Knox United Church Choir**
Cantors: Pete Dennis, Elissa Cundy **Reader:** Dennis Ruf

*We extend a warm welcome to our Knox community – to those who are tuning in to the livestream service from home or away, and to those who are gathered in our sanctuary.
You are all an integral part of this community. Thank you for being here.*

We acknowledge that we live, work, play and worship on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, and Piikani), the TsuuT'ina, the Stoney Nakoda Nations (Bears paw, Chiniki, and Wesley), the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

**Please stand in body or spirit.*

PRELUDE **Winter's Dream** Paul Halley (Canadian)
Ricardo Moraes-Pinto, soprano sax

WELCOME & ACKNOWLEDGEMENT OF THE LAND

***HYMN** **"This Path We Walk"** S. Curtis Tufts ♦

1 This path we walk, through joy and tears,
a living Way of faith and fears,
through each step's risk, each sorrow's pain,
when walked in love, we'll rise again.

Kyrie eleison, kyrie eleison, kyrie eleison.
(Kee-ree-ay-lay-sohn)

2 When life is shared, together, free
We'll grow to be all we can be:
A circle wide will call us home,
When wrapped in love, we're not alone.

Kyrie eleison, kyrie eleison, kyrie eleison.

3 These gifts we bring, this light we hold,
our songs of grace, our stories told,
remain un-done, told just in part,
till shared in love, and known by heart.
Kyrie eleison, kyrie eleison, kyrie eleison.

4 When life is shared, together bound,
God's richest gifts, together found;
Together walk the Spirit's Way
When love's the guide, we shall not stray.
Kyrie eleison, kyrie eleison, kyrie eleison.

***CALL TO WORSHIP**

One: Once again we gather together.

All: We give thanks for this beloved community.

One: Sometimes we come believing we have all the answers.

All: Let us come together with humility.

One: Sometimes we come believing our way is the only way.

**All: Let us come together with openness and gentleness, ready to embrace
the new and the unfolding.**

Let us pray.

**God of patience, love, gentleness, and humility, we continue through Lent,
opening ourselves to new practices, new relationships, and new ways of being.
We give thanks for this community who nurtures and shapes us, who challenges
and invites us into more. Turn our hearts and minds to You this morning.
Amen.**

***PASSING OF THE PEACE**

The peace of Christ, be with you.

And also with you. Amen.

***GATHERING SONG "Open Our Hearts" MV 21**

**Open our hearts, open our minds, open our lives to you, O loving God.
Open our hearts, open our minds, open our lives to you, O loving God.
Open our hearts.**

SCRIPTURE READING

Micah 6:8

REFLECTION **“Living into Humility”** **Rev. Sheena Trotter-Dennis**

HYMN **“What Does the Lord Require of You?” VU 701**

PRAYERS OF THE PEOPLE

LORD’S PRAYER - sung (*purple music sheets available in pews*)

Cantor: Heavenly Father, All: Heavenly Father,
Cantor: Heavenly Mother, All: Heavenly Mother,

**(ALL) Holy and blest is your true name.
We pray for your reign of peace to come,
We pray that your good will be done,
Let heaven and earth become one,
Let heaven and earth become one.**

**Give us this day the bread we need,
Give it to those who have none.
Give us this day the bread we need,
Give it to those who have none.**

**Let forgiveness flow like a river between us,
From each one to each one.
Let forgiveness flow like a river between us,
From each one to each one.
Lead us to holy innocence beyond the evil of our days.**

**Come swiftly, Mother, Father, come;
Come swiftly, Mother, Father come.
For yours is the power and the glory and the mercy,
For yours is the power and the glory and the mercy.
Forever your name is all in one;
Forever your name is all in one.
A — men; A — men; A — men.**

CANDLELIGHTING / OFFERING

You are invited to light a candle at the front of the Sanctuary. Candles are lit as a symbol of remembrance, celebration, gratitude, prayer. Please take this opportunity to make an offering online or in person at the candle table. Your financial support makes a huge difference in the future of Knox.

Music: The Prayer of St. Francis arr. Peter Togni (Canadian)

Lord, make me an instrument of thy peace; Lord, make me an instrument of thy peace.
Where there is hatred, let me sow love; where there is injury, pardon. Where there is doubt, true faith;
where there's despair, hope. Where there is darkness, light; where there is sadness, joy.
O Divine Master, grant that I may not so much seek to be consoled, as to console.
To be understood as to understand; to be loved, as to love. It is in giving that we receive;
it is in pardoning that we are pardoned. It is in dying that we are born to eternal life.

***CLOSING HYMN “Bless Now, O God, the Journey” VU 633**

***BLESSING**

You are invited to take your prayer ribbon and tie it along the garden fence or along the stair railing as a public prayer for truth and reconciliation.

POSTLUDE “Pavane” and “Basse-Danse” from *Capriol Suite* Peter Warlock

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***Thank you for spending time in community worship at Knox United Church, Calgary.
May you feel God's peace, care, energy, and blessing
within you and around you this coming week.***

Please stay for coffee, tea, and conversation!

Thank You to Knox staff & volunteers:

Sheena Trotter-Dennis (minister)	Chellan Hoffman (director of music)
Sue Forsyth (office administrator)	Gerald Love (greeter & usher)
Jampa Tseten, Justin Cross (caretaker)	Bob Benner (sanctuary preparation)
Carey Barrett/Frank Lam (video operator)	Murray, Vi, Chuck (coffee crew)
Tenzin Dawa/Steve Miller (sound operator)	Roman Sizer (social media; IT support)

◆ MUSIC NOTES

Journeying from Apology towards Reconciliation

In 2016, Rev. S. Curtis Tufts was moved to write hymn lyrics that acknowledged the 30th Anniversary of the United Church's Apology to First Nations Peoples (1986).

Rev. Curtis Tufts says: "I was a commissioner from Saskatchewan Conference at the 1986 General Council in Sudbury and have a vivid memory of the evening when the Apology was brought on our

behalf by the Moderator to the waiting Elders. The whole council was gathered in an amazing circle dance around a bonfire as the Moderator and Elders met in a tipi nearby. I remember clearly, the strong feeling that we were in the midst of a historic turning point kind of moment. I hope that, as a part of our acknowledging the anniversary of that moment, this hymn will remind us of the need to continue faithfully on the journey that was begun then.”

“This Path We Walk” has 5 verses. As Knox journeys through the five Sundays of Lent, we will sing an additional verse each week.

ANNOUNCEMENTS

CALENDAR AT A GLANCE

Please see below for a longer description of some of these events.

TODAY @ 11:45 am	Affirming Coffee	Library
Wednesday, March 22 @ 12:30 pm	Wednesday Worship	Boardroom
Thursday, March 23 @ 7:30 pm	Choir Rehearsal	Choir Room
Thursday, April 6 @ 5:00 pm	Maundy Thursday Dinner	Stoney Nakoda
3:45 pm - Meet at Knox to carpool to Morley		
Friday, April 7 @ 11:00 am	Good Friday Service	Sanctuary
Sunday, April 9 @ 10:30 am	Easter Sunday Service	Sanctuary

Volunteer Opportunities

We are looking for a **Newsletter Editor** to compile and edit the monthly newsletter. Are you creative and have great attention to detail? Then this might be a great volunteer job for you. It can be done from home or in the office. Please contact Sue at sforsyth@kxcalgary.com if you are interested in this opportunity.

We are looking for a **Tuesday office volunteer** to compile the weekly Sunday announcements and some other light office duties like filing, answering the phone, creating baptism certificates and wedding documents. Please contact Sue at sforsyth@kxcalgary.com if you are interested in this opportunity.

Worship at Knox

Easter Opportunity

This Easter, we would like to bring back our flower cross - a cross that comes "alive" as people place flowers on it. The cost of the flowers is about \$200. If you would like to sponsor this in a small or big way, please email the church office at sforsyth@kxcalgary.com.

Affirming

Affirming Coffee

Today in the Library @ 11:45 am

LGBTQ2IA+ and Allies are invited for a time of community. Coffee and treats will be served.

Wednesday Worship

Wednesdays 12:30-1:30 pm, Labyrinth Room

Join us for a time of reflection and conversation. Held in the beautiful Labyrinth Room, framed with music, a reading, and a time for silence and quiet reflection, we will come together to listen, to talk and to be in community together. All are welcome.

Lent

40 Days of Truth and Reconciliation: living into our commitments

During the 40 days of Lent (starting February 22), we will focus on our commitment to the ongoing work of truth and reconciliation and right relations.

Maundy Thursday Dinner at Stoney Nakoda (Mni Thni)

Thursday, April 6

3:45 pm - Meet at Knox to carpool to Morley

5:00 - 7:00 pm Morley Gym

We are invited to join our Iyarhe Nakoda relations in this observance and expression of faith on our journey toward reconciliation. All are invited to join in the observance and feast. Please bring a salad or dessert to share.

Good Friday Service

Friday, April 7 @ 11 am

Please join us for our Good Friday Service.

Aboriginal Friendship Centre

To support the Aboriginal Friendship Centre, we are collecting men's and woman's jackets, boots, and jeans. Blankets and gift cards are also needed. Please leave any donations in the box provided at the back of the Sanctuary or the office.

Community News

Ukrainians of Calgary Association Fundraising Concert

Saturday March 25, @ 07:00 pm

COMBINED CHOIRS & ORCHESTRAMASS IN G BY FRANZ SCHUBERT

Directed by Paul Grindlay with Elizabeth Fast and Christina Jahn, sopranos, Tayte Mitchell, tenor and Kristian Lo, baritone

ST. STEPHEN'S ANGLICAN CHURCH 1121 14 AVE SW, 403 244 4879

The Royal Canadian College of Organist Fundraising Concert - Bach Open Mic

Sunday March 26 @ 3:00 pm.

Admission my donation. Proceed will go to the Canadian Red Cross International Disaster Relief Fund. St. Barnabas Anglican Church 1407 7 Avenue NW. info@rccocalgary.org

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