



506 4 Street SW, Calgary, Alberta T2P 1S7 kxcalgary.com

**February 18, 2024 - First Sunday of Lent**

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**Worship Leaders:** Rev. Tony Snow, Rev. Sheena Trotter-Dennis and Keith Murray

**Interim Music Director:** Ethan Hill

**Musicians:** Knox Choir **Reader:** Rod Orman

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*We extend a warm welcome to our Knox community – to those who are tuning in to the livestream service from home or away, and to those who are gathered in our sanctuary.*

*You are all an integral part of this community. Thank you for being here.*

*Wifi password - KnoxGuest\$2021*

We acknowledge that we live, work, play and worship on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, and Piikani), the TsuuT'ina, the Stoney Nakoda Nations (Bears paw, Chiniki, and Goodstoney), the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

All are welcome in our faith community, regardless of age, colour, ethnic, religious or linguistic background, gender, gender identity, social or economic circumstances, sexual orientation and physical or mental capabilities. Knox has been a proud member of Affirm United since 2007.

*\*Please stand in body or spirit.*

## **GATHERING MUSIC**

**PRELUDE**

*“Ubi Caritas”*

*Marilyn Biery*

## **WELCOME & ACKNOWLEDGEMENT OF THE LAND**

**\*OPENING HYMN**

**“A Place at the Table”**

Shirley Erena Murray, arr. C. Hoffmann

**\*CALL TO WORSHIP**

One: We walk this path.

**All: A path of knowing and unknowing.**

One: We walk this path.

**All: We do not walk alone.**

One: We walk this path.

**All: May our journey be full of learning and unlearning.**

One: We walk this path.

**All: Together, we journey accompanied by great love.**

Let us pray.

**God of visions and journeys, love and hope we begin this Lenten journey with just one step. Open our hearts and our minds to the learning and unlearning of the season. May this path that we take be grounded in your love so that we may rise again. Amen.**

**\*PASSING OF THE PEACE**

The peace of Christ, be with you.

**And also with you. Amen.**

**\*GATHERING SONG**

**“Deep in Our Hearts”**

**More Voices 154**

*Deep in our hearts there is a common vision:  
Deep in our hearts there is a common song;  
Deep in our hearts there is a common story,  
telling Creation that we are one.*

**SCRIPTURE**

**Genesis 9:8-17**

**REFLECTION**

**“Long Table of Companionship - Love”**

**Rev. Tony Snow**

**\*HYMN**

**“The Earth And All Who Breathe”**

**Voices United 295**

**PRAYERS OF THE COMMUNITY**

**LORD’S PRAYER** - sung (*purple music sheets available in pews*)

***Cantor: Heavenly Father, All: Heavenly Father,  
Cantor: Heavenly Mother, All: Heavenly Mother,***

**(ALL) Holy and blest is your true name.  
We pray for your reign of peace to come,  
We pray that your good will be done,  
Let heaven and earth become one,  
Let heaven and earth become one.**

**Give us this day the bread we need,  
Give it to those who have none.  
Give us this day the bread we need,  
Give it to those who have none.**

**Let forgiveness flow like a river between us,  
From each one, to each one.  
Let forgiveness flow like a river between us,  
From each one, to each one.  
Lead us to holy innocence beyond the evil of our days.**

**Come swiftly, Mother, Father, come;  
Come swiftly, Mother, Father come.  
For yours is the power and the glory and the mercy,  
For yours is the power and the glory and the mercy.  
Forever your name is all in one; Forever your name is all in one.**

**A — men, A — men, A — men.**

### **CANDLE LIGHTING AND OFFERING**

*During this time you are invited into a time of personal reflection and prayer. You are invited to come forward to light a candle, place an offering, receive a special blessing with oil, write a prayer or just to sit and listen to the music.*

*Thank you for your financial support. It costs \$45,000/month to operate Knox United Church. Your financial support helps sustain our buildings and helps us be an open space, a vibrant place, a place of sacred connections. We deeply appreciate your gifts.*

**\*CLOSING HYMN**

**“Amazing Grace”**

**Voices United 266**

## \*BLESSING

## POSTLUDE

### “III. Hyfrydol”

R. Vaughan Williams

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***Thank you for spending time in community worship at Knox United Church, Calgary.  
May you feel God’s peace, care, energy, and blessing  
within you and around you this coming week.***

***Please stay for coffee, tea, and conversation!***

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### Thank You to Knox Staff & Volunteers

**Minister:** Rev. Sheena Trotter-Dennis

**Office Administrator:** Sue Forsyth

**Interim Director of Music:** Ethan Hill

**Sanctuary Preparation:** Bob Benner

**Rebell Ringers:** Rosalee Morrison

**Coffee Crew:** Murray Songer/Vi Smith

**Livestream/Video Operators:** Carey Barrett/Rick Hand/Christopher Denman/Mirko Zatka  
Vladimir Bodrug/Frank Lam

**Indigenous Minister, Chinook Winds Region:** Rev. Tony Snow

**Seminary Intern, VST Student:** Keith Murray

**Caretakers:** Jampa Tseten, Justin Cross

**Sound Operators:** Tenzin Dawa/Steve Miller

**Social Media:** Roman Sizer

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### Welcome and Information Table

A welcome table is set up in the back of the sanctuary. This is the place to find information about events, sign up to volunteer and find friendly people to answer questions about Knox. Thank you to Karen Harrison and Michael Malolos for hosting.

### TODAY

#### Pre-Service Bible Study/Conversation

**Sundays, 9:30 am, Library**

Join a small group for a conversation on the Sunday theme and scripture reading. The time will be interactive and conversational. All are welcome. Please feel free to join one Sunday or all Sundays.

#### Children’s Handbells

**During the service, Labyrinth**

All children are invited to come and begin learning the art of handbell ringing. The sessions are led by Janet Zatka, a ringer with our Knox Re-Bell ringers, and include handbell ringing basic skills and techniques. No previous experience necessary. We will meet in the Labyrinth during the worship service. Questions? Please email Christine at [csizer@kxcalgary.com](mailto:csizer@kxcalgary.com).

## CALENDAR AT A GLANCE

Please see below for a longer description of some of these events.

|                                   |                           |              |
|-----------------------------------|---------------------------|--------------|
| Today @ 9:30 am                   | Bible Study/Conversation  | Library      |
| Monday, February 19 @ 2:00 pm     | ReBell Ringers            | Handbell Rm. |
| Wednesday, February 21 @ 12:30 pm | Connection and Reflection | Labyrinth    |
| Sunday, February 25 @ 9:30 am     | Bible Study/Conversation  | Library      |
| Sunday, February 25 @ 11:45 am    | Discover Knox Tour        | Sanctuary    |
| Monday, February 26 @ 2:00 pm     | ReBell Ringers            | Handbell Rm. |
| Wednesday, February 28 @ 12:30 pm | Connection and Reflection | Labyrinth    |
| Sunday, March 10 @ 11:45 am       | Annual General Meeting    | Gym          |
| Sunday, March 10 @ 1:00 pm        | Patriarchy on Trial       | Theatre      |
| Thursday, March 14 @ 11:00 am     | PIE Day                   | Garden       |

### THIS WEEK

#### Connection and Reflection - Contemplation and Community

**Wednesdays, 12:30 - 1:30 pm, Labyrinth Room**

Join us for a time of reflection and conversation. Held in the beautiful Labyrinth Room, framed with music, readings, and a time for silence and quiet reflection, we will come together to listen, to talk, and to be in community together. All are welcome.

### COMING UP AND ONGOING

#### Annual General Meeting

**Sunday, March 10, 11:45 am, Gym**

All are invited to the Knox United Church Annual General Meeting. Programmatic reports and financial updates will be shared. All members and adherents are invited to vote during the meeting.

#### Patriarchy on Trial - Reader's Theatre by Carolyn Pogue and Loretta Biasutti, Presented by the Calgary Rolling Crowns

**Sunday, March 10, 1:00 pm, Knox Theatre**

It begins with a dream...A woman dreams a court room and finds an obelisk in it. Examining the obelisk symbols, she realizes what the trial is about: the patriarchy. Finally. The patriarchy has gone way too far. Three witnesses will testify: Eve of The Garden of Eden fame, Emma Amethyst, a time-travelling healer and herbalist and Jane Doe, an overwrought working mom in today's world. It will be up to you, the audience/jury, to pass judgement, to sing-a-long with a few feisty songs. and finally, to join a conversation about your dream for the future. Run time is 45 minutes with discussion to follow. Admission is free (donations welcome). For more information, contact [cpogue@shaw.ca](mailto:cpogue@shaw.ca).

#### PIE Day

**Thursday, March 14, 11:00 am, Garden**

Part of our work as an Affirming congregation is to be Public, Intentional and Explicit about our Affirming stance. Each year, we celebrate being public, intentional and explicit in our support for the LGBT2SIA+ community by passing out pie to people walking by our church. Last year we passed out more than 400 pieces of pie. We need your help! On Sunday, March 10, we will be collecting pies (store bought or homemade) to be passed on March 14. We also welcome any and everyone to help us pass out pie on the 14th. It's a super fun way to be PIE and to be a welcoming presence on our corner.

### **We Want to Hear Your Stories**

We're looking for YOU to share a short story with us about how Knox is an Open Space, a Vibrant Place, A Place of Sacred Connections. Everyone is invited - newcomer, long-time attendee, children, youth, adults. We know that everyone has a reason for being here and why Knox is important. We would like to hear these on Sunday mornings as part of worship and use on our social media to tell the stories of Knox. There are several ways to do this. Sign up to let us know you want to tell your story (at the Welcome Table), or send a short clip (no more than 30 seconds) to [rsizer@kxcalgary.com](mailto:rsizer@kxcalgary.com).

### **The Affirming Committee Invites You to Support Trans Youth**

We stand in solidarity with Trans and gender-diverse youth and invite you to show your support. Please consider signing a petition at <https://transactionalberta.ca/> to let the Alberta government know that we believe their proposed legislation targets the safety, health and human rights of trans and gender-diverse individuals and their families.

### **Would You Like to Volunteer at Knox?**

We are so grateful for the many volunteers who serve on administrative and programmatic committees, sing in the choir, replenish candles, serve as sanctuary hosts, make coffee and so much more! If you are looking for ways to plug-into the Knox community, there is a place for you! Please fill out a volunteer inventory sheet that you can find at the Welcome Table. This will let us know your interests and skills. You can leave your completed form at the table or place it in the offering plate.

### **Special Children's Time**

On the first Sunday of the month, there is a special time for children during our Sunday worship service. Children, ages 3 and older, are invited for a time of story, craft and recreation. The Children will start in the Sanctuary and move to the library. We are deeply grateful for Christine Sizer who is volunteering to lead this program. If you have any questions, please contact [sundayschool@kxcalgary.com](mailto:sundayschool@kxcalgary.com).

*Coloring packets are available every Sunday in the back of the sanctuary. Please feel free to help yourself.*

### **Choristers Wanted!**

#### **Rehearsals Wednesdays 7-9pm, Labyrinth**

The Knox Choir is searching for new members to sing in weekly rehearsals and Sunday services. Our choir is an inclusive ensemble who enjoys singing many styles of music ranging from sacred classical to gospel, rock and pop. We meet Wednesdays from 7-9 pm and Sunday mornings at 9:45 am. Musical literacy is preferred but not required. Please email our Interim Music Director at [ehill@kxcalgary.com](mailto:ehill@kxcalgary.com) to ask questions or express interest. We would love to have you!

## **Ringers Wanted!**

### **Rehearsals Mondays, 2 pm, Handbell Room**

The Re-Bell Ringers are looking for new members to join. No handbell experience is necessary, but reading music is required. If you would like to be a part of the ringers, please contact the church office at [sforsyth@kxcalgary.com](mailto:sforsyth@kxcalgary.com).

## **Discover Knox Tour**

### **Last Sunday of the month, 11:45 am, Sanctuary**

All are invited to take a behind-the-scenes tour of parts of the building and hear more about the Knox community.

## **Knox Weekly Email**

Sign up to receive Knox's weekly email newsletter. The email is sent out on Friday and includes information about the Sunday service and other events. Email [office@kxcalgary.com](mailto:office@kxcalgary.com) to get on the distribution list. Or, use this QR code.



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