



506 4 Street SW, Calgary, Alberta T2P 1S7 kxcalgary.com

February 4, 2024

Worship Leaders: Sheena Trotter-Dennis and Keith Murray
Interim Music Director: Ethan Hill
Musicians: Knox Choir, Knox ReBell Ringers **Reader:** Roman Sizer

*We extend a warm welcome to our Knox community – to those who are tuning in to the livestream service from home or away, and to those who are gathered in our sanctuary.
You are all an integral part of this community. Thank you for being here.*

Wifi password - KnoxGuest\$2021

We acknowledge that we live, work, play and worship on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, and Piikani), the TsuuT'ina, the Stoney Nakoda Nations (Bears paw, Chiniki, and Goodstoney), the Métis Nation (Calgary Elbow Region), and all people who make their homes in the Treaty 7 region of Southern Alberta.

All are welcome in our faith community, regardless of age, colour, ethnic, religious or linguistic background, gender, gender identity, social or economic circumstances, sexual orientation and physical or mental capabilities. Knox has been a proud member of Affirm United since 2007.

**Please stand in body or spirit.*

GATHERING MUSIC

PRELUDE

“Le Banquet Céleste”

*Olivier Messiaen**

WELCOME & ACKNOWLEDGEMENT OF THE LAND

***OPENING HYMN**

“For the Fruit of All Creation”

Voices United 227

***CALL TO WORSHIP**

One: Taste and see that God is good!

All: Goodness surrounds us.

One: In shared meals, potlucks and Holy Communion.

All: Love is shared.

One: Taste and see that God is good!

All: May we keep the feast!

Let us pray.

God of feasts and abundance, we gather today hoping to get a taste of community and your love and goodness overflowing. As we sing and reflect, pray and share a meal together, may our hearts break open to the needs of our neighbours and the world. Amen.

***PASSING OF THE PEACE**

The peace of Christ, be with you.

And also with you. Amen.

***GATHERING SONG "A Light is Gleaming"**

Voices United 82

Refrain:

**A light is gleaming, spreading its arms
throughout the night, living in the light.
Come share its gladness, God's radiant love
is burning bright, living in the light.**

SCRIPTURE

Matthew 14:13-21

REFLECTION

"Eating with Others"

ANTHEM

"Panis angelicus"

César Franck

*"Panis Angelicus fit panis hominum
Dat panis coelicus figuris terminum
O res mirabilis! Manducat Dominum
Pauper, pauper, servus et humilis
Pauper, pauper, servus et humilis"*

*"May the Bread of Angels
Become bread for humanity;
The Bread of Heaven puts
All foreshadowings to an end;
Oh, thing miraculous!
The body of the Lord will nourish
the poor, the poor,
the servile, and the humble."*

HOLY COMMUNION

God is with us.

We are not alone.

Lift up your hearts.

We lift them up to God.

Let us give thanks to the One who is
boundless in hospitality and who invites us to the Table.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Infinite and Boundless God, who created all things and called them good. And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

Holy, holy, holy one, God of love and majesty, the whole universe speaks of your glory and creativity, your loving embrace.

Blest is the one who comes in the name of the Source of Love and Light.

Holy are you, and blessed is your child, Jesus Christ.

We remember that it was around a table that Jesus gathered his disciples during his last week of life. Jesus reminded them that God's vision was about forgiveness and loving our neighbours as ourselves – encountering each person as God's very own.

And, as they sat and ate and remembered, Jesus took the bread that they were eating – and he gave thanks, he broke the bread, gave it to everyone gathered around the Table, and said, “take and eat – this is my body, broken for you. Whenever you eat of this bread, remember me.”

And then he took the wine that they were drinking – and he gave thanks for the wine, gave it to those gathered around the Table and said, “this is my cup – poured out for you - whenever you drink this, remember that you are loved and you are forgiven.”

As we remember and give thanks, we pray we might also join God's work of reconciliation and forgiveness, as we proclaim the mystery of faith:

Christ has died,

Christ is risen,

Christ will come again.

Pour out your Holy Spirit on us gathered here today, and on these gifts of bread and wine. Make them be for us signs of God's love and forgiveness. Transform our lives that we may also be a sign of that love and forgiveness in our homes, in our neighbourhoods, and in the world. Amen.

And now, we are bold to pray God's vision for the world . . .

LORD'S PRAYER - sung (*purple music sheets available in pews*)

***Cantor: Heavenly Father, All: Heavenly Father,
Cantor: Heavenly Mother, All: Heavenly Mother,***

**(ALL) Holy and blest is your true name.
We pray for your reign of peace to come,
We pray that your good will be done,
Let heaven and earth become one,
Let heaven and earth become one.**

**Give us this day the bread we need,
Give it to those who have none.
Give us this day the bread we need,
Give it to those who have none.**

**Let forgiveness flow like a river between us,
From each one, to each one.
Let forgiveness flow like a river between us,
From each one, to each one.
Lead us to holy innocence beyond the evil of our days.**

**Come swiftly, Mother, Father, come;
Come swiftly, Mother, Father come.
For yours is the power and the glory and the mercy,
For yours is the power and the glory and the mercy.
Forever your name is all in one; Forever your name is all in one.
A — men, A — men, A — men.**

The body of Christ, given for you. **Amen.**

The cup of Christ, given for you. **Amen.**

Holy Communion, Candle Lighting and Offering

All are invited to come forward to receive the bread and juice. Bread will be offered and then you are invited to dip the bread into the cup, and receive the elements together. Individual packets of juice and wafer are also available as a gluten-free option.

You are invited to light a candle or write a prayer at the front of the Sanctuary. Candles are lit as a symbol of remembrance, celebration, gratitude, prayer. Please take this opportunity to make an offering online or in person at the candle table. Your financial support makes a huge difference in the future of Knox.

Music: **“Communion Medley”** *arr. Y. Jason Krug*
 Knox ReBell Ringers

PRAYER AFTER COMMUNION

Let us pray.

**For the bread we have eaten,
For the cup we have shared,
For the prayers we have prayed,
For the strength we have received,
For the assurance we have been given.
We give thanks.
May we go into the world, strengthened by these gifts. Amen.**

***CLOSING HYMN “All Who Hunger” Voices United 460**

***BLESSING**

POSTLUDE “Little Prelude in F Major” J.S. Bach

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***Thank you for spending time in community worship at Knox United Church, Calgary.
May you feel God's peace, care, energy, and blessing
within you and around you this coming week.***

Please stay for coffee, tea, and conversation!

Thank You to Knox Staff & Volunteers

Minister: Rev. Sheena Trotter-Dennis

Office Administrator: Sue Forsyth

Interim Director of Music: Ethan Hill

Sanctuary Preparation: Bob Benner

Social Media: Roman Sizer

Coffee Crew: Murray Songer/Vi Smith

Indigenous Minister, Chinook Winds Region: Rev. Tony Snow

Seminary Intern, VST Student: Keith Murray

Caretakers: Jampa Tseten, Justin Cross

Sound Operators: Tenzin Dawa/Steve Miller

Livestream/Video Operators: Carey Barrett/Rick Hand/

Christopher Denman/Mirko Zatka/Vladimir Bodrug/Frank Lam

Welcome and Information Table

A welcome table is set up in the back of the sanctuary. This is the place to find information about events, sign up to volunteer and find friendly people to answer questions about Knox. Thank you to Karen Harrison and Michael Malolos for hosting.

***Notes from the Music Director**

Le banquet céleste (the celestial banquet) is a highly symbolic piece of music written by the French composer Olivier Messiaen. Messiaen is known for his mastery of a peculiar style of composition, which yields a unique and recognizable sound through which the composer often interprets religious themes. Notated as "à la goutte d'eau" (like a drop of water), the pedal line symbolizes Christ's blood, dripping over harmonies idiosyncratic to Messiaen's compositional style. Intended for communion, the piece comes annexed with the following quote from John 6:56: "Whoever eats my flesh and drinks my blood remains in me, and I in them."

TODAY

Pre-Service Bible Study/Conversation

Sundays, 9:30 am, Library

Join a small group for a conversation on the Sunday theme and scripture reading. The time will be interactive and conversational. All are welcome. Please feel free to join one Sunday or all Sundays.

Special Children's Time

On the first Sunday of the month, there is a special time for children during our Sunday worship service. Children, ages 3 and older, are invited for a time of story, craft and recreation. The Children will start in the Sanctuary and move to the library. We are deeply grateful for Christine Sizer who is volunteering to lead this program. If you have any questions, please contact sundayschool@kxcalgary.com.

Coloring packets are available every Sunday in the back of the sanctuary. Please feel free to help yourself.

Monthly Potluck

Today, 11:30 am, Gym

Join us for a time of fellowship and delicious food following the worship service. Thanks to Rosalee Morrison for hosting. All are welcome!

Calgary Interfaith Council Strangers to Neighbours Interfaith Potluck

Sunday, 6:30-8:30 pm, Church of Jesus Christ of Latter-day Saints, 30 Everstone Blvd. SW.

Bring a favourite salad, main dish or desserts to share. Register online at calgaryinterfaithcouncil.org.

CALENDAR AT A GLANCE

Please see below for a longer description of some of these events.

Today @ 9:30 am	Bible Study/Conversation	Library
Today @ 11:30 am	Potluck	Gym
Monday, February 5 @ 2:00 pm	ReBell Ringers	Handbell Rm.
Wednesday, February 7 @ 12:30 pm	Connection and Reflection	Labyrinth
Sunday, February 11 @ 9:30 am	Bible Study/Conversation	Library
Monday, February 12 @ 2:00 pm	ReBell Ringers	Handbell Rm.
Wednesday, February 14 @ 12:30 pm	Ash Wednesday Service	Garden
Sunday, February 18 @ 9:30 am	Bible Study/Conversation	Library
Monday, February 19 @ 2:00 pm	ReBell Ringers	Handbell Rm.
Wednesday, February 21 @ 12:30 pm	Connection and Reflection	Labyrinth
Sunday, February 25 @ 9:30 am	Bible Study/Conversation	Library
Sunday, February 25 @ 11:45 am	Discover Knox Tour	Sanctuary
Monday, February 26 @ 2:00 pm	ReBell Ringers	Handbell Rm.
Wednesday, February 28 @ 12:30 pm	Connection and Reflection	Labyrinth

THIS WEEK

Connection and Reflection - Contemplation and Community

Wednesdays, 12:30 - 1:30 pm, Labyrinth Room

Join us for a time of reflection and conversation. Held in the beautiful Labyrinth Room, framed with music, readings, and a time for silence and quiet reflection, we will come together to listen, to talk, and to be in community together. All are welcome.

COMING UP AND ONGOING

Ash Wednesday Service

Wednesday, February 14, 12:30 pm, Garden

Join Rev. Sheena and Rev. Tony Snow for a short worship service of readings, music and the imposition of ashes as we begin our Lenten journey. For forty days we will reflect on how we can continue to make and build relationships that are based in love, respect, bravery, honesty, humility and wisdom. Begin the season in a reflective and meaningful way. All are invited.

Would You Like to Volunteer at Knox?

We are so grateful for the many volunteers who serve on administrative and programmatic committees, sing in the choir, replenish candles, serve as sanctuary hosts, make coffee and so much more! If you are looking for ways to plug-into the Knox community, there is a place for you! Please fill out a volunteer inventory sheet that you can find at the Welcome Table. This will let us know your interests and skills. You can leave your completed form at the table or place it in the offering plate.

Choristers Wanted!

Rehearsals Wednesdays 7-9pm, Labyrinth

The Knox Choir is searching for new members to sing in weekly rehearsals and Sunday services. Our choir is an inclusive ensemble who enjoys singing many styles of music ranging from sacred classical to gospel, rock and pop. We meet Wednesdays from 7-9 pm and Sunday mornings at 9:45 am. Musical literacy is preferred but not required. Please email our Interim Music Director at ehill@kxcalgary.com to ask questions or express interest. We would love to have you!

Ringers Wanted!

Rehearsals Mondays, 2 pm, Handbell Room

The Re-Bell Ringers are looking for new members to join. No handbell experience is necessary, but reading music is required. If you would like to be a part of the ringers, please contact the church office at sforsyth@kxcalgary.com.

Naked Faith for Youth (Grades 6-12) and Young Adults

Third Friday of the month, 6:30 pm, Location TBA

Naked Faith is a United Church Regional Event which means it brings together youth and young adults from all over Calgary. The evening begins with dinner, followed by an hour-long service. Afterwards, youth from grades 6 through 12 are invited to stay for games and activities until 10:30. Young adults are invited to head to a nearby pub to engage in further discussion about the theme, or to simply enjoy the community. Naked Faith is facilitated and made possible by Regional Youth and Young Adult Ministries, funded by St. Andrew's United Church in Calgary. Visit fishcreekunitedchurch.ca for more information.

Discover Knox Tour

Today, 11:45 am, Sanctuary

All are invited to take a behind-the-scenes tour of parts of the building and hear more about the Knox community.

Knox Weekly Email

Sign up to receive Knox's weekly email newsletter. The email is sent out on Friday and includes information about the Sunday service and other events. Email office@kxcalgary.com to get on the distribution list. Or, use this QR code.



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