

506 4 Street SW, Calgary, Alberta T2P 1S7 kxcalgary.com

September 10, 2023

Worship Leader: Rev. Sheena Trotter-Dennis Music Director: Chellan Hoffman Musicians: Knox Choir Reader: Dennis Ruf

We extend a warm welcome to our Knox community – to those who are tuning in to the livestream service from home or away, and to those who are gathered in our sanctuary. You are all an integral part of this community. Thank you for being here.

Wifi password - Knox Guest\$2021

We acknowledge that we live, work, play and worship on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, and Piikani), the TsuuT'ina, the Stoney Nakoda Nations (Bearspaw, Chiniki, and Wesley), the Metis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

All are welcome in our faith community, regardless of age, colour, ethnic, religious or linguistic background, gender, gender identity, social or economic circumstances, sexual orientation and physical or mental capabilities. Knox has been a proud member of Affirm United since 2007.

*Please stand in body or spirit.

PRELUDE "Over the Rainbow / What a Wonderful World" arr. Israel "IZ" Kamakowiwo'ole Pat Place, soprano; David Westwick, mandolin; Ricardo Moraes-Pinto, hand percussion

WELCOME & ACKNOWLEDGEMENT OF THE LAND

*OPENING HYMN "Joyful, Joyful We Adore You" VU 232

*CALL TO WORSHIP

One: God's love is wide and spacious.

- All: It knows no limits.
- One: God's forgiveness reaches beyond our expectations.

All: All are included in God's grace.

Let us pray.

God, limitless and boundless, infinite and vast, we give thanks for your love that has no limit and knows no borders. Sometimes it's hard to look beyond our to do lists, our way of doing things, our goals. Widen our perspectives, expand our embrace of others, broaden our horizons. Open our vistas to your wide, spacious love. Amen.

***PASSING OF THE PEACE**

The peace of Christ, be with you. And also with you. Amen.

| *GATHERING SONG | "Draw the Circle Wide" | MV 145 (refrain, sung twice) |
|-----------------|------------------------|------------------------------|
|-----------------|------------------------|------------------------------|

Draw the circle wide. Draw it wider still. Let this be our song, no one stands alone, standing side by side . . . Draw the circle wide.

Honouring the Chinook Winds Commissioners

Betty Norman Bray, Knox Church Council Co-Chair Rev. Treena Duncan, Executive Minister, Chinook Winds and Pacific Mountain Regions

For the past eighteen months, Rev. Tom Melvin, Rev. Roslyn Campbell and Rev. Bob Mutlow have given their time to Knox United. Working with Knox members, they built a framework for Knox to rebuild following Covid. We give thanks for their leadership and celebrate their time and ministry with us.

*HYMN "This is a Day of New Beginnings" (see insert) Words: Brian Wren; Music: C. R. Young

SCRIPTURE READING 2 Corinthians 6:11-13

REFLECTION "Remembering Who We Are: Spacious People"

Rev. Sheena Trotter-Dennis

PRAYERS OF THE PEOPLE

LORD'S PRAYER - sung (purple music sheets available in pews)

Cantor: Heavenly Father, All: Heavenly Father, Cantor: Heavenly Mother, All: Heavenly Mother,

(ALL) Holy and blest is your true name. We pray for your reign of peace to come, We pray that your good will be done, Let heaven and earth become one, Let heaven and earth become one.

Give us this day the bread we need, Give it to those who have none. Give us this day the bread we need, Give it to those who have none.

Let forgiveness flow like a river between us, From each one to each one. Let forgiveness flow like a river between us, From each one to each one. Lead us to holy innocence beyond the evil of our days.

Come swiftly, Mother, Father, come; Come swiftly, Mother, Father come. For yours is the power and the glory and the mercy, For yours is the power and the glory and the mercy. Forever your name is all in one; Forever your name is all in one. A — men, A — men, A — men.

CANDLELIGHTING, PRAYERS AND OFFERING

During this time you are invited into a time of personal reflection and prayer. You are invited to come forward to light a candle, place an offering, write a prayer or just to sit and listen to the music.

Music: Wide Open Spaces Words and music: Susan Gibson David Westwick, mandolin

*CLOSING HYMN "I Can See Clearly Now"

Words and music: Johnny Nash

I can see clearly now, the rain is gone. I can see all obstacles in my way. Gone are the dark clouds that had me down. It's gonna be a bright, bright sunshiny day.

I think I can make it now, the pain is gone, All of the bad feelings have disappeared. Here is that rainbow I've been praying for. It's gonna be a bright, bright sunshiny day.

Look all around, there's nothing but blue sky. Look straight ahead, nothing but blue sky.

I can see clearly now, the rain is gone. I can see all obstacles in my way. Gone are the dark clouds that had me down. It's gonna be a bright, bright sunshiny day. (repeat last line)

*BLESSING

POSTLUDE Swingin' Shepherd Blues Moe Koffman Ricardo Moraes-Pinto, soprano sax

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Thank you for spending time in community worship at Knox United Church, Calgary. May you feel God's peace, care, energy, and blessing within you and around you this coming week.

Please stay for coffee, tea, and conversation!

Thank You to Knox staff & volunteers:

Sheena Trotter-Dennis (minister) Sue Forsyth (office administrator) Jampa Tseten, Justin Cross (caretaker) Carey Barrett/Frank Lam (video operator) Tenzin Dawa/Steve Miller (sound operator) Keith Murray (VST student, seminary intern) Chellan Hoffman (director of music) Gerald Love (greeter & usher) Bob Benner (sanctuary preparation) Murray, Vi, Chuck (coffee crew) Roman Sizer (social media; IT support) William Brook (VST student, seminary intern)

CALENDAR AT A GLANCE

Please see below for a longer description of some of these events.

Monday, September 11 @ 1:00 pm Monday, September 11 @ 3:30 pm Monday, September 11 @ 5:15 pm Tuesday, September 12 @ 6:00 pm Wednesday, September 13 @ 12:30 pm Thursday, September 14 @ 3:30 pm Sunday, September 17 @ 1 pm Monday, September 18 @ 3:30 pm Monday, September 18 @ 5:15 pm Tuesday, September 19 @ 6:00 pm Wednesday, September 20 @ 12:30 pm Wednesday, September 20 @ 7 pm Thursday, September 21 @ 3:30 pm Sunday, September 24 @11:30 am Sunday, September 24 @ 11:30 am Monday, September 25 @ 3:30 pm Monday, September 25 @ 5:15 pm Tuesday, September 26 @ 6:00 pm Wednesday, September 27 @ 12:30 pm Thursday, September 28 @ 3:30 pm

John Wood Memorial English Language Learning Yoga in the Sanctuary Book Club (in person and on-line) Worship: Connection & Reflection English Language Learning Engaging Vulnerable People English Language Learning Yoga in the Sanctuary Book Club (in person and on-line) Worship: Connection & Reflection **Church Council English Language Learning Discover Knox Tour** Stewardship Giving program English Language Learning Yoga in the Sanctuary Book Club (in person and on-line) Worship: Connection & Reflection **English Language Learning**

Sanctuary Theatre Sanctuary Boardroom Labyrinth Theatre Sanctuary Theatre Sanctuary Boardroom Labyrinth Boardroom Theatre Sanctuary Boardroom Theatre Sanctuary Boardroom Labyrinth Theatre

Remembering John Wood

John Allan Wood

September 8, 1946 – September 3, 2023

Susan Wood and family mourn the loss of her husband, father of John and William, father-in-law of Laura and Alia, and brother of Mary and Philip. Susan and John were married on May 12, 1973, fifty years ago.

John died quietly and peacefully at home after a long list of physical disabilities and disease finally caught up with him. His decline began with a nearly catastrophic fall down the stairs in May 2022. John faced pain and disability with a mixture of stoicism and stubbornness. If asked, he was always 'fine, fine'.

John was born in Woodstock, New Brunswick; educated in Brownville Junction, Maine; Saint John, New Brunswick; and Fredericton, where he graduated from UNB in 1974, with a MSc in Engineering. He spent most of his career with CP Rail (now CPKC) as a bridge design engineer.

In retirement, John's long-time interest in genealogy widened to include the history of the people of New Brunswick and Nova Scotia, including that of indigenous people, the Acadians, black settlers, and women pioneers.

When John had his last medical procedure, a CT scan needle biopsy and freezing of a small tumor, we worried about the results of this and the possible mistakes that could be made. John said, "Oh, I'm not worried. I always go into these things with a curious attitude: What will happen? What can I learn? This is something new."

He may have been lying. We choose to think not.

A memorial service for John will be held at Knox United Church in Calgary on Monday, September 11th at 1 PM. Light refreshments to follow. The family will provide flowers.

Making Sacred Connections: Worship

Sermon series - Remembering Who We Are

Our culture is really good at telling (in implicit and explicit ways) us who we are and how we should relate to others. We hear these narratives through social media, friends and family, politicians and many other sources. Sometimes we hear "we're not good enough," "there isn't enough for everyone," "some are better than others." What is the narrative God invites us into? What do our sacred texts tell us? For the next several weeks, drawing mostly from Paul's Letters to the Corinthians, we will reflect and remember who we are as God's beloved people.

Connection and Reflection- Contemplation and Community: Wednesdays, 12:30-1:30

pm, Labyrinth Room Join us for a time of reflection and conversation. Held in the beautiful Labyrinth Room, framed with music, readings, and a time for silence and quiet reflection, we will come together to listen, to talk, and to be in community together. All are welcome.

Special Children's Time

On the first Sunday of the month, there is a special time for children during our Sunday worship service. Children, ages 3 and older, are invited for a time of story, craft and recreation. The Children will start in the Sanctuary and move to the library. We are deeply grateful for Christine Sizer who is volunteering to lead this program. If you have any questions, please contact sundayschool@kxcalgary.com.

Colouring packets are available every Sunday in the back of the sanctuary. Please feel free to help yourself.

Pre-Service Bible Study, Starting September 17, 9:30 am, Library

Join William Brook, a seminary student at Vancouver School of Theology, for a look at the Sunday theme and scripture reading. The time will be interactive and conversational. All are welcome. Please feel free to join one Sunday or all Sundays.

Making Sacred Connections: Building Community

Welcome Table

A new welcome table is set up in the back of the sanctuary. This will be where you can find information about events, sign up to volunteer and find friendly people to answer questions about Knox. Thank you to Karen Harrison and Michael Malolos for hosting.

Welcome, Edgar Fernando as Affirming Team Lead

We are pleased to announce Edgar Fernando (he/him) as Knox's new Affirming Team leader. Edgar joined Knox in 2017 after moving to Calgary with his partner, Ralph, in 2014. Edgar comes with an extensive background in social service, most recently serving as Volunteer Coordinator at the Centre for Newcomers. Edgar serves as a board member of Gender and Sexual Diversity Advisory Board with Calgary Police Services, which supports LGBTQ issues and Rainbow Elders Calgary which educates people about Senior LGBTQ issues. Edgar enjoys walking, dancing, talking with people, travelling, visiting museums, theatre, watching old movies, reading about history, environment, and lately learning French. His motto, from his mom: "Be strong in the face of adversity."

Annual Fall Gathering at Mînî Thnî, (former McDougall Memorial United Church site, Hwy 1a, September 10, 2 pm

Mînî Thnî is a place where the story of two cultures come together. A place where we are connected by time, nature, history, experience, and humanity. Indigenous peoples flourished here for thousands of

years. Settlers and missionaries began arriving at Mînî Thnî in the 1870s, beginning with the McDougall family. The history of these people and cultures are intertwined and were brought together under Treaty 7 in 1877.

As part of our annual Fall Gathering, we are planning an afternoon event to share these two cultures that first came together almost 150 years ago by highlighting indigenous drumming and dancing, as well as Scottish (highland) dancers. Participants will learn about the history and stories behind each of the dances and the significance of the regalia and costumes worn by the dancers, and then maybe give it a try and join in! Refreshments will be provided for all participants.

WEEKLY Opening up the Sanctuary - Volunteers Needed We want to rebuild our presence as a church in downtown Calgary by opening the sanctuary and labyrinth for those seeking a quiet space during the week. We're looking for volunteer hosts who can open the 6th Avenue doors and stay to greet visitors for a couple of hours (schedule TBD). We're initially targeting Tuesday at lunchtime but would appreciate volunteer hosts any weekday between 10 am and 2 pm. This is an important and rewarding way to engage in the life and work of our church.

If you would like to inquire about this project, contact Doug Chandler (<u>dchandler1@shaw.ca</u>) or the church office (<u>office@kxcalgary.com</u>).

WEEKLY Volunteers Required for Newcomers' English at Knox starting September 11

English classes (session two) for refugees and immigrants begin tomorrow. This session's classes are scheduled for Mondays and Thursdays for five weeks from 3:30 PM to 5:30 PM.

A number of individuals have volunteered to assist in general, but the time has now arrived to make commitments for specific days. Although it is always difficult to prejudge how many volunteers are required for a particular day, too many volunteers are usually better than too few. Volunteers become increasingly important as the number of learners having little skill in English arrive with numerous others having relatively good English skills.

Please remember that as a volunteer, you need not commit to assisting in five weeks of classes. Assisting with only one or two classes would be appreciated. Don't be deterred by lack of knowledge. A volunteer's major requirement is a caring attitude ... together with personal qualities of kindness, understanding, and empathy. Some newcomers are emotionally fragile having suffered severe trauma and are happy to simply find a listening ear. Your stress in this role should be minimal because all the materials and necessary assistance you require will be supplied.

You can indicate your willingness to assist by emailing Dennis at EnglishatKnox@gmail.com and indicating dates you are available. An effort will be made not to oversubscribe volunteers for any particular day.

WEEKLY Yoga In the Sanctuary starting September 11th

Join us, Mondays, 5:15 - 6:15 pm in the sanctuary for an hour of Yoga with instructor Melanie Batycky. Bring your own mats and blocks. \$20/session - \$45/monthly (3 sessions each month)

Melanie Batycky began teaching yoga after dancing professionally with The San Francisco Ballet, Lines Ballet of San Francisco, and The Alberta Ballet. She currently holds her Level 1 Iyengar yoga certification. It is the depth of yoga that keeps her constantly searching and learning. She is truly grateful to have found yoga and loves sharing what she has learned, and continues to learn with her students. "The physical practice is really only part of truly knowing yoga. The philosophy of yoga can be practiced in each interaction in our lives, and actually lived. When we see ourselves and others as kind, loving, honest, authentic, and constantly turn our lives over to the higher power that is within each of us, that is when our lives change."

WEEKLY Autumn Book Club in the Board Room and On-Line, September 12, 6:00 pm

This fall, a small group, including friends from Central UCC on 7th Avenue SW, have already decided to read and discuss "Holy Envy: Finding God in the Faith of Others" by Barbara Brown Taylor.

We welcome anyone who would like to join us.

We plan to meet weekly for 7 weeks on Tuesday evening from 6pm – 7pm in the Knox Boardroom and will also have zoom availability. Our first meeting is on September 12th. A few copies of the book are available from the Knox Office for a donation of \$5. We will aim to read 2 chapters per week and discuss at the meetings. Our first meeting will be an introduction to the author and each other.

Please contact Sue at the office on sforsyth@kxcalgary.com if you would like to join the group, you will be very welcome.

Engaging Vulnerable People Training, September 17, 1 pm, Sanctuary

On September 17, @ 1: pm we have arranged for Alpha House to come in and hold a seminar on Engaging Vulnerable People.

The topics will be:

- Develop Understanding around Homelessness and Addiction.
- Confront Personal Biases
- Improve Interactions
- Confidence in Action: Understanding Role & Purpose.

You can sign up at our new Welcome Table or on our website.

MONTHLY Discover Knox Session Our monthly informational tour will be on **September 24** following the Sunday morning worship service. All are invited to take a behind-the-scenes tour of parts of the building and hear more about the Knox community.

MONTHLY Potluck Lunch

Our monthly potluck lunch will return, Sunday, **October 1.** Mark your calendars for a time of fellowship and delicious food following the worship service.

MAKING SACRED CONNECTIONS - OFFERING OUR GIFTS

THANK YOU From the Knox Treasurer The days are getting shorter, and our summer is beginning to wind towards fall. Thank you to all who financially supported Knox over the past couple of months, while taking time away to enjoy summer adventures and downtime. Our online services continue to offer the opportunity to be spiritually present from wherever you are. As our work at Knox continues, planning has begun for programming in the fall with so much more to look forward to. Your gifts are received with gratitude, and we thank you for supporting the vibrant ministry at Knox. May the remaining days of summer be safe and restful.

Donating to Knox:

- Through the website: kxcalgary.com. Click the "Donate" button to donate online through ChurchCenter.com and PayPal
- The QR code during the online services links to the Donate page on the website
- Interac e-Transfer (email address: donate@kxcalgary.com)
- PAR (pre-authorized remittance), post-dated cheques or to request a set of personal donation envelopes to use throughout the year, please contact the church office at 403-269-8382.
- Mail a cheque payable to: *Knox United Church*,

506, 4th St. SW, Calgary AB T2P 1S7

** Income Tax Receipts for the total of all donations during 2023 will be issued before the end of February 2024.

CRA Charity Registration No. 11898 6603 RR0001

The 2024 Stewardship Giving Program: Sept. 24 & Oct 8, 2023

This year, the 2024 Stewardship Giving Program will run from Oct 22-Nov. 17, 2023. In anticipation of this event, all interested Congregation members are welcome to attend the 2024 Stewardship Giving Program after Church in the Boardroom on September, 24, 2023. The meeting will be an hour in length. Knox's financial needs for 2024 will be introduced and you are invited to bring ideas, humor, and conversations to the meeting! A follow-up meeting will be held October 8, 2023 in the Boardroom on Thanksgiving Sunday- a very appropriate day to discuss Thanksgiving to Knox! This will be a short meeting. See you then!

Tuning Up our Finances: Sunday, October 1

Jo-Anne Willment and Janet Zatka invite the Congregation to a conversation on Oct 1, 2023 to discuss the development of a Knox Giving Program extending over a 12-mth period. Stewardship would be one of the Programs lasting 4 weeks but other programs would also be developed. To do this requires a two-step process and your participation in this discussion is very much needed. This does *not* involve extra costs for Knox. The Knox after-church potluck luncheon will also be held on Oct 1, 2023 so the meeting will be held over good food! We welcome your attendance and discussion.

Follow Knox on Social Media!

Check out our refreshed WEBSITE at <u>www.kxcalgary.com</u>

FACEBOOK <u>https://www.facebook.com/KnoxYYC</u>

INSTAGRAM https://instagram.com/knoxunitedcalgary

TWITTER www.Twitter.com/KnoxYYC